



# Kav L'Noar

## CENTER FOR FAMILIES & YOUNG ADULTS

A LIFELINE FOR PARENTS – A SAFETY NET FOR YOUTH

### OUR MISSION

Everyone faces challenges. From **learning disabilities, difficult family relationships, social challenges, self-esteem issues to depression, abuse, anxiety, trauma and mental health disorders** KAV L'NOAR is a lifeline for parents and a safety net for youth. Whatever the challenge, KAV L'NOAR provides support and guidance for the entire family until the crisis is resolved.

### STRONG PERSONAL RELATIONSHIPS

Our methods save youth from risk with the powerful principle that strong healthy personal relationships are the key to mental and emotional health. By strengthening these bonds and providing communication tools, we take families through and out of crisis for the long term.

### OUR SERVICES:

- Individual, family, and marital counseling
- Individual and school-based group mentoring
- Community education programs
- Parenting workshops

### OUR GOALS:

Our strategic approach to counseling and mentoring focuses on four goals:

- Reducing stress on the family and parenting relationship.
- Supporting a complete solution by connecting the teens, the parents and the school to work together to transform lives.
- Reducing school dropout rates by empowering youth with the knowledge, tools and confidence to achieve their fullest potential.
- Addressing, treating and managing issues before they become life-changing and require long-term costly services from the State of Israel.

### OUR PROFESSIONAL STAFF:

- CEO: MA with 20 years of executive leadership experience
- Founding Director, PhD with over 30 years of clinical experience
- Clinical Supervisor: MSW with over 30 years of clinical & supervisory experience
- Psychologist with Psy.D and group psychotherapy internship
- 10 Family Therapists, all with MSW degree and years of clinical experience
- 2 Mentoring Supervisors
- 50 mentors carefully selected, trained and supervised monthly

### EFFECTIVENESS:

Since 2004, we have worked with about **1000** families and about **2500** teens whose lives and futures have been positively impacted by our counseling and mentoring services. Kav L'Noar has invested time and resources in a **continuous process of measurement and evaluation for all of our clinical programs**. Feedback from clients, family members and school personnel determines the services we provide and helps us monitor and improve the quality of these services. Data collected through follow-up surveys confirms that these families have experienced significant improvement in their lives. The following %'s reflect summary of improvement data in 4 broad indices

- Family and interpersonal communication..... 97%
- General behavior ..... 92%
- School attendance & academic performance ... 91%
- Social skills & self-esteem..... 83%

### WHY WE'RE DIFFERENT

- We are highly successful at saving youth from risk by working with the entire family and tailoring a program to their needs.
- We go beyond the immediate challenge, identifying patterns and potential pitfalls, and create tools to prepare families for the years to come.
- We work with youth, families, schools and the community to create dialogue, awareness and effective strategies to prevent and combat risk factors for youth.

### WHAT OUR CLIENTS SAY

Parent: "I can't imagine any family surviving without your assistance.

Mentee: "Without my mentor, I would not have been admitted to the school I wanted to attend."

Mentee: "My mentor stuck with me through thick and thin."

Parent: "Our mentor has been a ray of sunshine for our daughter and her therapist has given her hope for the future."

### HOW YOU CAN HELP:

Your support is critical to our mission. Our typical client can afford at most 30% of the cost of treatments. We rely primarily on private donors to assist in covering the bulk of our \$500K budget. Your support will also enable Kav L'Noar to expand our reach to more communities, schools and families across Israel. Donations are tax deductible in Israel (Section 46 of the Israel Income Tax Ordinance) and in the USA (501c3, EIN # 45-4071244). **To learn more about Kav L'Noar or to make a donation, please visit [www.kavlnoar.org](http://www.kavlnoar.org).**